



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

e-mail: narayana_nursing@yahoo.co.in || principal.ncn@narayanannursingcollege.com

website: <https://www.narayanannursingcollege.com>



SPORTS POLICY

TITLE	Sports Policy		
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D. B. Chary
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

A. S. Divya
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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SPORTS POLICY

Objectives

- To encourage regular physical activity and healthy lifestyles among students.
- To foster qualities such as teamwork, leadership, discipline, and resilience.
- To organize and support intercollegiate, intramural, and interdepartmental sports competitions.
- To provide facilities, training, and resources for students to participate in various sports.
- To identify and nurture sporting talent within the college.

Sports Committee Structure

The **Sports Committee** will be responsible for the planning and execution of sports activities.

The committee will consist of:

- **Chairperson:** A senior faculty member designated by the Principal to oversee sports activities.
- **Physical Education Instructor/Coach:** Responsible for training, guiding students in various sports, and maintaining sports facilities.
- **Student Sports Coordinators:** Two student representatives elected or appointed each year to assist in organizing events and activities.
- **Event Organizers:** Volunteers or selected students for specific roles during sports events.

Dr. B. Chini
Principal

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Funding and Budget Allocation

- The college administration will allocate an annual budget for sports activities, equipment, maintenance, and event organization.
- Additional funding may be sought through sponsorships, partnerships, or event-specific registration fees to support larger events and competitions.

Sports and Facilities Available

The college shall provide facilities for the following sports and activities (as available and feasible):

- **Outdoor Sports:** Basketball, volleyball, badminton, track and field, cricket, and football.
- **Indoor Sports:** Table tennis, chess, carom, and other indoor games.
- **Fitness Center:** Access to a gym or fitness room with basic equipment for strength and conditioning.

The availability of sports facilities and resources will be reviewed periodically to accommodate new interests or trends.

Guidelines for Participation

- **Eligibility:** All enrolled students of Narayana College of Nursing are eligible to participate in sports activities, provided they meet any specific criteria set for particular sports or events.
- **Registration:** Students must register for sports activities, events, or teams through the Sports Committee or designated registration process.

Dr. Bobany
Principal

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- **Medical Clearance:** Students are encouraged to obtain medical clearance if they have any known health concerns before engaging in physical sports.
- **Code of Conduct:** Participants are expected to uphold sportsmanship, respect officials and fellow players, and adhere to the rules and regulations of each sport.

Training and Coaching

- The college shall provide training sessions led by the Physical Education Instructor or qualified coaches for select sports.
- Training schedules will be arranged in coordination with academic timetables to minimize conflicts and ensure students can balance their academic and sports commitments.
- Special coaching sessions may be offered for students selected to represent the college in intercollegiate events.

Events and Competitions

- **Intramural Competitions:** Organized within the college, allowing students from different classes or departments to compete in various sports.
- **Intercollegiate Competitions:** The college shall encourage and support students to represent Narayana College of Nursing in external sports events and competitions.
- **Annual Sports Day:** A college-wide sports day will be held annually, featuring competitions in multiple sports, awards, and recognition for participants and winners.

D. R. Chandy
Principal

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- **Annual Sports Day:** A college-wide sports day will be held annually, featuring competitions in multiple sports, awards, and recognition for participants and winners.

Incentives and Recognition

- **Awards and Certificates:** Winners of sports events shall be awarded certificates, trophies, or medals.
- **Sports Achievements:** Exceptional athletes representing the college in intercollegiate or state-level events will receive recognition and support, such as academic flexibility, as feasible.
- **Sports Scholarships:** Subject to availability, the college may provide sports scholarships or incentives for students who consistently excel in sports.

Facilities Maintenance and Safety

- The college will ensure that sports facilities and equipment are regularly maintained and safe for use.
- Any equipment or facility damages must be reported immediately to the Sports Committee.
- The Physical Education Instructor shall conduct regular safety briefings to inform students about safe practices during sports and fitness activities.

D. B. Chinnji
Principal
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SPORTS POLICY

	NAME	SIGNATURE
Prepared by	Mrs. S. Suchithra, Assoc. Professor	
Verified by	Mrs. A. Latha, IQAC Coordinator	
Approved by	Dr. A. Indira, Principal	

IQAC COORDINATOR
NARAYANA COLLEGE OF NURSING
CHINTHAREDDYPALEM
NELLORE - 524 003

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
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